



## OVERVIEW

Moonbeams learn about and practice manners—rules that will help them get along with others.

- Responsibility
- Interpersonal Skills

## OBJECTIVES

To earn this emblem, Moonbeams need to complete at least one activity from each section, the Bible lesson and plan a dinner, tea party or banquet to practice what they have learned.

## GROUP ACTIVITIES

Choose at least one manners book to read with the children. Discuss with the children and ask them to identify good and bad manners in the story. Here are some book suggestions or check the children's section of the local library for other books and resources.

## WORD BANK

- Manners
- Please
- Thank You
- Share

### THE BERENSTAIN BEARS FORGET THEIR MANNERS BY STAN AND JAN BERENSTAIN

"When Mama Bear's efforts to improve her family's manners are unsuccessful, she devises a Politeness Plan. Basic etiquette is presented in a practical way."—School Library Journal.

*The Berenstain Bears Forget Their Manners* is also available on video.

## DEVELOPMENTAL ASSETS SUPPORTED BY THE ACTIVITIES

- Family Support
- Positive Peer Relationships
- Engagement in Learning Experiences

### PERFECT PIGS: AN INTRODUCTION TO MANNERS BY MARK BROWN

This book is a simple introduction to good manners. It highlights the proper manners to use in situations with family, friends, at school, during meals, on the phone, at parties, and in public places.

## OOPS! EXCUSE ME PLEASE! BARRON'S EDUCATIONAL SERIES BY BOB MCGRATH

This book is a collection of twenty-eight lessons about good manners, such as etiquette, following the Golden Rule, and memorizing correct phrases.

### OTHER BOOKS ABOUT MANNERS:

*The Berenstain Bears Get the Gimmies*  
by Jan and Stan Berenstain

*The Berenstain Bears Say Please and Thank You* by Jan and Stan Berenstain

*Richard Scarry's Please and Thank You Book* by Richard Scarry

*Polite Elephant* by Richard Scarry

*Please and Thank You God* by Dennis Shealy

*The Cat in the Hat* by Dr. Seuss



## CRAFTS

### COVER YOUR NOSE AND MOUTH

#### SUPPLIES:

- Large paper plates
- Construction paper
- Tissues
- Markers or crayons
- Scissors
- Glue

Guide the Moonbeams through the following instructions:

1. Draw a face on the paper plate.
2. Have them trace their hand on construction paper and cut it out, or ask an adult to help.
3. Cut a strip of paper to use as an arm. Glue the hand to the arm and the arm to the back of the plate.
4. Glue a tissue to the plate so that it's covering the nose and mouth. Glue the hand over the tissue.

Discuss why it's polite to cover our mouths and noses when we sneeze.

# KINDNESS CASTLE

## SUPPLIES:

- 5 square tissue boxes
- Washable markers
- Glue
- Scissors
- Model Magic® Clay
- Paper and tape (optional)

Create a kindness castle where children can place kind thoughts and pictures. Make a place for “grumpies” to go in the dungeon. Leave the castle, along with crayons and small slips of paper, in the classroom throughout the emblem so children can create notes.

Guide the Moonbeams through the following instructions:

1. Glue several empty boxes together into a castle shape. Make sure there are at least two “doors” in which to place notes.
2. Using washable markers, draw building stones on the boxes. (Boxes may need to be covered with paper first.)
3. Decorate your castle with Model Magic details such as turrets, flowers, or birds. Include a dungeon in which to place any “grumpies.” Air-dry decorations before gluing them to the boxes. Allow glue to dry before using the castle.
4. Start sharing kind thoughts and notes of appreciation with others in your troop! If something is bothering one of the children have them draw a picture or write a note to place in the “grumpies” section.

(Adapted from *Crayola.com Lesson Plans*)

# SO SORRY

## SUPPLIES:

- Paper
- Crayons

## DIRECTIONS:

Ask children to think of something they’ve done for which they’re sorry. Ask them to draw a picture of what happened. Help them to practice writing “I’m sorry” on the paper.

Encourage them to give the picture to the person they’ve hurt. Don’t force the issue if a child is reluctant.



## MANNERS DUST

When Moonbeams seem restless or aren't practicing good manners, explain to them that a sprinkling of manners dust helps children listen quietly, speak kindly, and act politely. Reach into your pocket and sprinkle imaginary manners dust over your head. Ask Moonbeams to reach into their own pockets for a pinch of manners dust and sprinkle it over their heads. Sit back and watch the magic take effect!

Use the following recipe to make "real" manners dust.

### SUPPLIES:

- ¼ cup of table salt
- Ziploc® bag
- 1 tsp. iridescent glitter

Place table salt in Ziploc bag. Add iridescent glitter. Shake the bag to mix contents. This will make about 8 small packages of dust.

To use the dust, sprinkle a small pinch into the air.

CAUTION: *Manners Dust* is very powerful. Use sparingly!

## SONGS & RHYMES

### TABLE MANNERS

Use this song to reinforce table manners. Practice table manners by having "dinner" with toy dishes and dolls or stuffed animals. At the table, unfold a napkin and place it on your lap, for the children to imitate. Also demonstrate how to politely ask for food to be passed.

If you're unfamiliar with the words and tunes, you'll find many children's songs at: [www.KIDiddles.com](http://www.KIDiddles.com).

(To the tune of "Frère Jacques/Are You Sleeping?")

Chewing quietly, chewing quietly,  
Do not slurp, do not slurp,  
We must say excuse me, we must say excuse me  
When we burp, when we burp!

### WHERE IS THUMBKIN?

Use this song to reinforce the proper way to greet each other. Begin with hands behind back. Make a game of introducing each other and allow children to practice responding.

(To the tune of "Frère Jacques/Are You Sleeping?")

Where is thumbkin? Where is thumbkin?

Here I am. (Bring right hand to front, with thumb up.)

Here I am. (Bring left hand to front, with thumb up.)

How are you today sir?

Very well, I thank you. (Wiggle thumbs as if they are 'talking' to each other.)

Run away. (Hide right hand behind back.)

Run away. (Hide left hand behind back.)

Where is pointer? Where is pointer?

Here I am. (Bring right hand to front, with index finger up.)

Here I am. (Bring left hand to front, with index finger up.)

How are you today sir? Very well, I thank you. (Wiggle fingers as if they're 'talking' to each other.)

Run away. (Hide right hand behind back.)

Run away. (Hide left hand behind back.)

Where is tall man? Where is tall man?  
Here I am. (Bring right hand to front,  
with third finger up.)  
Here I am. (Bring left hand to front,  
with third finger up.)  
How are you today sir?  
Very well, I thank you. (Wiggle fingers as  
if they're 'talking' to each other.)  
Run away. (Hide right hand behind back.)  
Run away. (Hide left hand behind back.)

Where is ring man? Where is ring man?  
Here I am. (Bring right hand to front,  
with fourth finger up.)  
Here I am. (Bring left hand to front,  
with fourth finger up.)  
How are you today sir?  
Very well, I thank you. (Wiggle fingers as  
if they're 'talking' to each other.)  
Run away. (Hide right hand behind back.)  
Run away. (Hide left hand behind back.)

Where is pinkie? Where is pinkie?  
Here I am. (Bring right hand to front,  
with pinkie finger up.)  
Here I am. (Bring left hand to front,  
with pinkie finger up.)  
How are you today sir?  
Very well, I thank you. (Wiggle fingers as  
if they're 'talking' to each other.)  
Run away. (Hide right hand behind back.)  
Run away. (Hide left hand behind back.)

Where is the family? Where is the family?  
Here we are. (Bring right hand to front,  
with all fingers showing.)

Here we are. (Bring left hand to front,  
with all fingers showing)  
How are you today sirs?  
Very well, we thank you. (Wiggle fingers as  
if they're 'talking' to each other.)  
Run away. (Hide right hand behind back.)  
Run away. (Hide left hand behind back.)

## THE GOOPS' TABLE MANNERS

The Goops they lick their fingers,  
The Goops they lick their knives;  
They spill their broth on tablecloths—  
Oh they lead disgusting lives!  
The Goops they talk while eating,  
And loud and fast they chew;  
That's why I'm glad I'm not a Goop  
—are you?

(From the book *Table Manners: Goops and How To Be Them* by Gelett Burgess)

## GAMES

### PRACTICE MAKES PERFECT ✱

Taking turns and sharing are hard for small children. Provide numerous opportunities to practice these important skills.

- Set up an obstacle course that children navigate one at a time. Ask children to line up and go through it moving in one direction. Remind them about politely taking turns—good practice for those who have trouble waiting for others.

- Give snacks or small treats to one child. Ask the child to share the treat with others. This is also a time to practice “Please” and “Thank you.”
- Provide one snack for every two Moonbeams. Ask one child to divide it into two pieces, and the other child to choose a piece first. This reinforces the importance of being fair when sharing.
- Practice using a toy telephone. Learn about dialing properly and how to ask for a friend. Say “Hello, this is \_\_\_\_\_ . May I please speak to \_\_\_\_\_ ?”
- Practice how to answer the phone: “Hello” and “I’ll get my mother.”
- Role play answering the door and greeting a friend for a play date. After the visit, the child should thank the guest for coming. The guest should always say, “Thanks for having me.”

## MAGIC DOORS

Ask children how it feels to give someone a special gift that they really enjoy and the person shows their appreciation. Explain that others feel good when we show our appreciation as well.

- Practice saying thank you. Ask: **How many different ways can you find to say thanks?** “Thank you,” “It’s beautiful!” “It’s just what I wanted,” “I love it!”
- Make thank you cards with markers or crayons for someone who has been kind or who has helped out in the meeting, brought a special treat, etc.

## PUPPET PARTNER

At each meeting use a puppet or stuffed animal to display rude behavior during circle time. Ask the Moonbeams to remind the puppet to practice good manners. They’ll be eager to help ‘teach’ proper etiquette. For example:

- Make the puppet sneeze and cough all over the children. (As a follow-up, complete the *Cover Your Nose and Mouth* craft.)
- Bring a box of candy to share but when it’s opened, the candy is gone and the puppet is sitting in the box.
- Make the puppet “grab” things away from children.
- Have the puppet fidget and disrupt while telling a story.

Make individual sock or paper bag puppets for children to use when they practice manners.



# ROYAL MANNERS

## SUPPLIES:

- *Royal Manners Cards from Leaders' Resource Pages*

Use the *Royal Manners* cards as a way to practice good manners and not to act like monsters.

# BIBLE LESSONS

Share a Bible lesson about manners, thankfulness, and sharing. Some ideas to use:

"The Ten Lepers" (Luke 17:11-19)

"Elijah and the Widow" (1 Kings 17:8-9)

"Thankful Wheels" (<http://childrensministry.com/articles/nursery-thankful-wheels>)

# LEADERS' RESOURCES

## BOOKS

*Little Boys Bible Storybook for Mothers and Sons* by Carolyn Larsen

"Read My Lips" (pgs. 185-191)

"Tattletale" (pgs. 23-30)

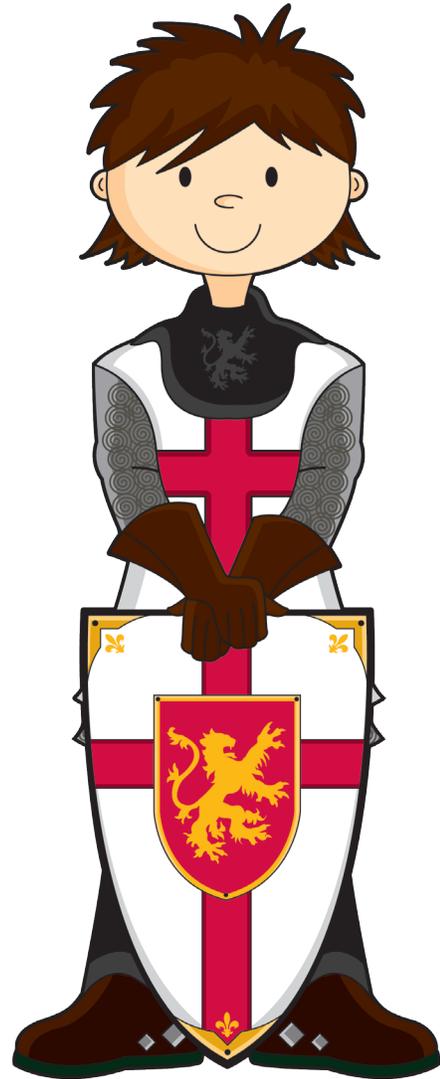
*My Goodnight Bible* by Susan L. Lingo

"God's Ten Rules" (pgs. 69-72)

"David Thanks God" (pgs. 93-95)

## DVDS/VIDEOS

*Veggie Tales: King George and the Ducky*  
by Big Idea Productions



## WEBSITE

Download a free Super Manners theme unit:  
<http://ingles360.blogspot.com/2011/08/mind-your-super-manners.html>.

Arts and crafts to use to supplement this emblem:  
<http://childfun.com/index.php/activity-themes/people-house-home/239-manners-activity-theme.html?showall=1>.

To find activities, craft ideas and games to use with this emblem, check out: <http://pinterest.com/samoonbeams/mind-your-manners/>.

